



KAYLA ROSE
P H O T O G R A P H Y

Tips To Prepare For Your Next Photo Session

I get it, there is a lot of pressure and stress that comes with preparing for your photo shoot. Do the kids have matching clothes? How do I keep their clothes clean? Does my hair look ok? Sound familiar? Relax, here are a few tips to help you feel more prepared.

My session is booked, now what?

1. Start planning your outfits:

Mom, if you don't already have an item to draw inspiration from, start with yourself. These days kids have more affordable options than we do. Go through your closet and find something that makes you happy! If you need to go shopping treat yourself to something that makes you feel comfortable.

When you are trying to match everyone's outfits remember, your outfits don't need to match, they need to coordinate.



This family wanted more fall colors. The shirts don't match exactly, but it still looks great!

This is a session that my family did together. We put the girls in blue and the boys in black. One thing that I liked about our color choice was the simplicity of the colors we chose. I think the only people that didn't have a shirt already in their closet was my daughter and myself. Also, notice how simple it was for my sister, on the left, to find a sweater to throw over her sleeveless shirt!





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2. Plan for the weather:

While you are choosing your outfits consider wearing or bringing a lot of layers! In Colorado the weather can change fast and you will be much happier when you have a sweater like my sister did in the picture above.

3. Professional hair and makeup:

If you haven't had a professional do your hair or makeup before, I recommend asking them to do a practice session before your photo shoot. Keep in mind, you want to look like yourself in your pictures!

4. Figure out what the most important picture is?

I had a session with a high school senior a few years ago. She showed up to her session with her hair and make-up perfect and a beautiful outfit. Unfortunately, as soon as we got to the location a small storm started to come in. Her yearbook picture was going to be due soon and with her work schedule we knew it would be hard to reschedule. I felt terrible so we went under a tree in the parking lot and took a few quick pictures of her. I thought worse case if we can't reschedule before her yearbook picture is due we would at least have something. This was the best decision I could have made! When we rescheduled she had to work late the night before the session and woke up with a cold. She was still beautiful, but she wasn't up for doing her hair and make-up the same way as she had before. The pictures I took the first day ended up being her favorite and she used one of them for her yearbook.

Sometimes kids can take pictures all day and other times that same kid will only give me five minutes worth of a smile. If a group picture is the most important to you, then that is where I want to start!

5. Plan on being a few minutes early:

It can be so hard to get everyone ready and then to be on time. Unfortunately, most sessions are planned around the best time of day for light. Which means, if you show up an hour late and the sun has set, you may have to reschedule. Save yourself from the stress! If you're early your little ones can have a snack, change into their outfits, or you will have a few minutes to touch up your makeup.

I hope these five tips help you think ahead and prepare for your session! If you have any other questions I would love to hear them! Shoot me an email: www.kaylarosephotography.com